

2020 UVA SOCCER CAMP DAILY SCHEDULE

Tentative and Subject to Change

DAY 1: (June 24th, July 18th & July 22nd)

2:00pm – 4:00pm	Player Check In
4:45pm	Dinner
6:30pm	Team Training Session
8:45pm	Camp Meeting and Presentations
10:30pm	Lights Out

DAY 2 & 3: (June 25-26th, July 19-20th & July 23-24th)

7:30am	Breakfast
9:00am	Team Training Session
11:30am	Lunch
12:00am	Team Photographs/Campus Tours/Player Development Lectures
2:00pm	Individual Player Technical Training
4:30pm	Dinner
6:30pm	Team Matches
8:45pm	Camp Meeting, Presentations & Team Building Sessions
10:30pm	Lights Out

DAY 4: June 27th, July 21st & July 25th)

7:30am	Breakfast
9:00am	Team Final Matches
11:00am-12:00pm	Player Check Out

WHAT WE PROVIDE

	Virginia Soccer T-Shirts x 2
	Water & Gatorade Snacks
	Air-Conditioned Dorms & Supervision
	Access to Athletic Trainers
	Breakfast (Day 2, 3 & 4)
	Lunch (Day 2 & 3)
	Dinner (Day 1, 2 & 3)

WHAT YOU SHOULD BRING

	Bed Linens, Pillow & Blanket
	Towels
	Toiletries & Sun Screen (including hand soap for bathroom)
	Soccer T-shirts, Shorts and Socks (enough for 8 sessions)
	Soccer Cleats & Shin guards
	Flats or Sneakers for Futsal and wearing in downtimes
	Goalkeepers should bring gloves (long sleeves and pants if preferred)
	Soccer Ball (if you did not purchase a UVA ball)